

A2.45 Lista de palabras (16)

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Core vocabulary (11): Verbs: 3, Adjectives: 1, Nouns: 7,

Context vocabulary: 5

Spanish	English
Bienestar	Well-being
El entrenamiento	The training
El yoga	The yoga
Entrena	He does not train
Entrenar	To train
Estira	She stretches
Estirar	To stretch
Fitness	Fitness
Fuerte	Strong
La fuerza	The strength
La piscina	The swimming pool
La rutina	The routine
Las pesas	The weights
Levantar	To lift
Levanto	I lift
Los ejercicios	The exercises